## Packing List

### Things to Stay Clean
- Toothbrush + toothpaste + floss
- Soap + shampoo + conditioner
- Washcloth
- Towels (bath, hand, beach)
- Feminine products
- Shaving items
- Contacts + solution
- Medicine*

### Things for the Outdoors
- Water bottle
- Flashlight or headlamp
- Bugspray
- Sunscreen

### Things to Have Fun
(These items are optional. Having fun is not.)
- Onesies + costumes
- Pool floaties
- Musical instruments (guitars, harmonicas, etc.)
- Art supplies
- Books
- Cabin flare
- Journal
- Camera
- Games

### Things to Wear
- 3-4 t-shirts
- Supportive/athletic shoes
- Flip flops or Chacos
- Shower shoes (optional)
- Hiking boots (optional)
- 2-3 pairs of comfortable shorts or pants
- Socks + undies
- Shabbat Outfit – White!
- Camp Dance Theme Outfit – Stay Tuned!
- Pajamas
- Warm evening clothes (sweatshirt, light jacket)
- Athletic clothes
- Bathing suit
- Hat + sunglasses
- Things to tie-dye
- Raincoat
- Color War Colors (remember your color!)

*MEDICINE: Bring all medications that you might need throughout the weekend including Advil, Tylenol, allergy meds, inhalers, epi-pens or standard prescription meds that you take daily.

### What Not to Bring:
- Outside food and drink (Capital Camps is a strictly Glatt Kosher facility)
- Drugs, weapons, firearms
- Expensive jewelry
- Valuable electronics