

PACKING LIST



THINGS TO STAY CLEAN

- Toothbrush + toothpaste + floss
- Soap + shampoo + conditioner
- Washcloth
- Towels (bath, hand, beach)
- Feminine products
- Shaving items
- Contacts + solution
- Medicine*

THINGS FOR THE OUTDOORS

- Water bottle
- Flashlight or headlamp
- Bugspray
- Sunscreen

THINGS TO HAVE FUN

(These items are optional. Having fun is not.)

- Onesies + costumes
- Pool floaties
- Musical instruments (guitars, harmonicas, etc.)
- Art supplies
- Books
- Cabin flare
- Journal
- Camera
- Games

THINGS TO WEAR

- 4-6 t-shirts
- Supportive/athletic shoes
- Flip flops or Chacos
- Shower shoes (optional)
- Hiking boots (optional)
- 2-3 pairs of comfortable shorts or pants
- Socks + undies
- Shabbat Outfit – White!**
- Camp Dance Theme Outfit – Stay Tuned!**
- Pajamas
- Warm evening clothes (sweatshirt, light jacket)
- Athletic clothes
- Bathing suit
- Hat + sunglasses
- Things to tie-dye
- Raincoat
- Color War Colors** (remember your color!)

***MEDICINE:** Bring all medications that you might need throughout the weekend including Advil, Tylenol, allergy meds, inhalers, epi-pens or standard prescription meds that you take daily.

WHAT NOT TO BRING:

- Outside food and drink (Capital Camps is a strictly Glatt Kosher facility)
- Drugs, weapons, firearms
- Expensive jewelry
- Valuable electronics

